

## Who are we?



Helping Hands Healing Hearts Ministries Philippines Inc. (HHM) is a Non Governmental Organization (NGO) for children in crisis situations who need a safe refuge, assistance, an intervention, trauma informed care, psychosocial support, medical help and someone to advocate for their rights. HHM believes that children belong in families and so we work hard to at family preservation whenever possible and after exhausting every effort to keep a child in their biological family or in Kinship care, we support adoption, both domestic and international.

In our two homes in the heart of Baguio City Philippines, we offer 24 hr, alternative family style, residential care where children can stay until they can be reunited with their families or until they are adopted or learn to live independently. Each home offers various programs including social work, medical, home life, nutritional, recreational, educational, adoption, counselling and Christian living for children who have been abandoned, abused, neglected, surrendered or who are sick and in need of medical attention.

We work alongside local hospitals, churches, local government units (LGU's) and the Department of Social Welfare and Development (DSWD) as well as the City Social Welfare and Development offices (CSWDO) to monitor and respond to the needs of children within the Cordillera Administrative region (CAR) and beyond. We work closely with DSWD and the Intercountry Adoption Board to facilitate adoptions for children who could not be reunified with their families.

## History

Helping Hands Ministries began as a result of a young woman seeing a great need that no one was filling within the local hospital and acting upon it. In 1998, Claire Goudy from Moira Pentecostal Church in Northern Ireland decided to go and spend six months working in Philippine Outreach Center's children's home in Subic Bay, Philippines. She ended up spending almost 3 years there. Little did she realize that this would become a consuming passion and a potential lifetime's work.

In September 2002, Claire then began Helping Hands Healing Hearts Ministries, Philippines Inc. It was initially based in James L. Gordon Memorial Hospital in Olongapo City. There, Claire and some volunteers cared for sick and dying children, their siblings and their parents. They offered to "Bantay" or attend to the patients so parents could go home and rest. They also bought medications for those who could not afford to provide for their children. This is a short synopsis of the work and how it has grown in the subsequent years since then.

After initially setting up the Ministry, Claire worked alone for 6 months until she was sure that the Ministry was viable and sustainable. She then began to employ local people who also had a heart to help sick children. Currently HHM have around 45 paid staff and many more local volunteers. Many visitors also come from abroad to inspect the work and to offer expertise and advice to those who work for the Ministry.

In January 2005, after firmly establishing two offices within James L. Gordon Memorial Hospital to screen and interview clients; dispense free medication and offer counseling, Claire proceeded to hire a registered Social Worker and to set up a Children's Recovery Unit – Olongapo at the same time.

HHM purchased a property in Olongapo City and renovated it to become a unit in which sick children could be referred from JLGMH for further physical, nutritional, emotional, spiritual build-up and for the completion of oral home medications. This idea came about due to the vast numbers of children who had been helped by the Ministry but had been observed to return to the hospital soon after release because they had not been given their follow-on medications and due to lack of budget had not been adequately fed upon return to their home environment. It was apparent that follow up care was badly needed and that temporary shelter was the best option to offer such care. CRU Olongapo officially opened in January 2005 and the next day, the Children's Recovery Unit (CRU) was already home to 14 meningocele patients referred from James L. Gordon Memorial Hospital. In the first 7 months alone, Helping Hands housed 60 patients referred from JLGMH; DSWD including OCARE, RSCC, SDC and the hospital based Social Worker from JLGMH and finally from San Fernando Provincial Jail (Children of inmates who were also residing in the jail) and others have come from the local churches and other local NGO's who do not normally cater for sick children. The purpose of the CRU was to offer the kids temporary shelter until they were well enough to be returned to their families or to the care of the DSWD. In the following months, they also broadened their scope slightly to include children who have been abandoned in the hospital as they also need temporary shelter until their parents can be located or until they can be housed at RSCC or another NGO.

In July 2009, the first branch of CRU was set up in Baguio in order to help children in CAR and nearby provinces. HHM rented a place for the 1<sup>st</sup> branch of CRU and had the opening ceremony which was officiated in December 2009. It started with 7 staff who began to network with Baguio General Hospital and Benguet General Hospital with a once a week evangelism program. These hospitals together with CAR DSWD are the sources of referrals for the CRU – Baguio.

Within the walls of CRU Olongapo, many lives were changed for good. Many children's lives were saved and many were able to be reintegrated to their families. Of course there were tragic losses too. Children succumbed to their illnesses and hearts were broken. But the focus of the staff remained the same, help save the lives of those who are brought to us by doing what we can and leave the outcomes to God. It was with great sorrow that we finally had to close the doors of CRU Olongapo in June 2019 due to staffing issues. We simply couldn't find any more nurses as most had gone abroad and many had taken high paying jobs in local call centers. The rest of the staff were heartbroken but we were able to give severance pay and many were able to start small businesses and find other work. The children were transferred to CRU Baguio or to Children's Home Baguio and some were reunified with family because their treatments had come to an end.

CRU closure was no light decision, and we felt the weight of it even more as the time drew closer but with hindsight, it was indeed the right decision for the Ministry as a whole. In the 14 years of existence, CRU was able to offer shelter to over 600 patients. It was our honor to serve Region 3 for that many years. DSWD let us know that we are welcomed to return anytime if the door was to reopen in the future. The CRU in Baguio Continues to thrive.

Children's Home came about in a different manner. For a while, HHM had been considering starting a children's home as we had encountered a growing number of kids who could no longer be reunified for various reasons. Some families flat out refused to take back their children, especially when they had been

left with significant special needs. Some children disclosed serious abuse they had encountered at the hands of their families which meant returning home was no longer a viable or safe option. Some children were orphaned while staying at CRU. One child in particular lost her mother to an ectopic pregnancy and soon after her father had a stroke. Another little family who were with us for severe malnutrition lost their mother to rabies and the father absconded after the funeral to be with another woman. Another mother died in childbirth and the father died soon after of cancer. Some families were crushed by natural disasters, illness, job losses, jail sentences etc and because of the major change in circumstances, they could no longer pass the Parenting Capability Assessments conducting by the LGU's and so, we had to look for alternative care plans for the children.

In July 2013, an American Missionary couple approached HHM asking if we would consider taking over their orphanage in Baguio as they wanted to return to the USA. We told them we would but only if they allowed the transition to happen over a period of 6 months to ensure it was viable and they had no regrets. We wanted the children and staff to feel secure and not rushed. So by Jan 2014, Claire Henderson assumed the role of Executive Director of Safe Harbor International Philippines (SHIP) and slowly helped transition SHIP to Helping Hands Healing Hearts Children's Home (CH). There were 14 kids and 9 staff. All transitioned well and within the year, they were excited to be part of HHM and its vision. Some staff gradually moved on and others joined the team. We transitioned in the Assistant Center Head of CRU to become to Center Head of CH and we promoted the senior house parent of SHIP to become the social worker of CH. She was qualified and merely needed to renew her licence. The mix of familiar faces and the existing HHM experienced staff helped make the transition smooth. To date, all of those 14 children bar one, have been adopted or reunified. Most went abroad in Inter-country adoptions, a few were locally adopted and some went back to extended family members or parents. One vulnerable young adult remains in our care. She has autism and other cognitive delays and we don't foresee moving her to any other home as there is none available for her age and level of need.

The current Children's Home is set in Camp 7, Baguio City, right next door to the CRU. This makes working together hand in hand so much easier. There are 24 children living in CH at this time and 11 of those children are on the waiting lists for adoption. Adoption seems to be our strength at HHM. Over the last 6 years we have been able to place over 45 children into families through local or Inter-country adoption. We still love to pursue reunification where possible and work hard at trying to exhaust all viable family members before deciding on adoption for a child. We limit our number of children to around 25 as we find that's about the right number to enable us to maintain a family feel and avoid feeling like an institution. When we go much higher, inevitably, we have to be more rigid and put more routines and structure in place. Our goal is for CH to feel like a large family home where each child receives lots of love, care, attention and is able to thrive. To do this we maintain decent staffing levels and ensure that the quality of care remains high.

In 2018 we began homeschooling our children as so many were very far behind in their grades and struggling to attain their levels in school. We initially began using the School of Tomorrow program but transitioned to Homeschool Global Program in 2019 and have been very satisfied with the results we have seen in our kids. To run the homeschool we had to employ 6 teachers. This was a mammoth undertaking and meant that it wasn't necessarily cheaper to homeschool than to send everyone to regular school but we reaped the benefits. The children began to love learning and thrived in their new way of studying. Grades went up and the kids felt less stressed in general. Homeschooling also meant that our sick kids from CRU could carry on their schooling. Many of them couldn't attend regular school because of their illnesses, loss of limbs, rashes, cancer treatment schedules etc BUT with the flexibility of homeschool, they were able to enroll and study once again. We have 21 students currently enrolled.

## Our motto

**“We aren’t raising “orphans”, we are raising sons and daughters”**

## What’s our why?

Our main why is that “we love because He first loved us”! 1 John 4:19

Most people hear figures like there are 143 million “orphans” in the world and assume that being orphaned is the primary reason for children needing alternative care. That’s not actually the case. It’s one of many reasons. Of our 40 children at HHM, only 4 are actually orphaned. The majority were brought to us for temporary care while recovering from illness or while parents worked out their troubled home situations. But none the less, children who are separated from their families, whatever the reason, are “at risk” of many things including poverty, poor health, lack of education, self esteem problems, attachment problems, sociocultural problems, violence, and abuse. Behind these risk factors lies a broken welfare system and a lack of child protection services. Poor families especially, find themselves turning to orphanages to help alleviate their problems but in fact, the wider child protection system is what has actually let them down.

## Children’s Recovery Unit (CRU)

Here in the Philippines, healthcare is currently not affordable for those who live in poverty, therefore everyday, children die unnecessarily simply because their parents can’t afford to pay. That is a horrible burden for any parent to bear. The government is working hard on developing a healthcare system but its not quite there yet and so, kids and families desperately need help when illness strikes. We help families meet the need of their child and in doing so, we help keep them together. We literally help save lives and strengthen families on a daily basis with your help.

## Children’s Home (CH)

Not every child has a safe home to stay in and local fostering and adoption services aren’t yet widely available or culturally acceptable although they’ve taken huge strides in the last decade. Many times kids are displaced temporarily and we are able to work towards reunification once parents get their lives back into order but often, kids need a longer term home until they can be placed into kinship care, fostered or adopted into a new family. We needed to offer a home that is versed in child protection and trauma informed as well as one that practices good “gatekeeping”. That means that no child is unnecessarily separated from a family member and if they are, its because it is in the best interests of the child. NO child is with us who could actually be with a viable family member. We are the last resort, a landing pad before children are placed in permanent adoptive families. But in the meantime, they are a much loved son and daughter of our HHM family. Our focus is always “the best interest of the child’. We still work to strengthen families whenever possible.

## Current Alternatives

Children can remain with their families but their medical needs will not be attended to because of poverty, geographical location and general lack of understanding about the actual level of medical attention required. The local Government (DSWD and CSWDO) often offer help but are limited in what they can do financially and because of distance.

The usual alternative for children's home's in our current setting would be for children to remain in their dysfunctional families and have outside support offered by DSWD, CSWDO or other organizations however, the children's safety cannot be guaranteed and in times past, when we have done this at the insistence of government, children's lives were lost.

A better proactive, alternative would be for more local kinship, foster and adoptive families to be recruited, trained and monitored. Ideally we could get kids into alternative family care as quickly as possible. We do work together with DSWD to help recruit families locally but so far, its been a slow start.

More programs to strengthen families would also be really helpful.

Ultimately, a better and stronger child protection and child welfare system country wide would help decrease the need for children to be placed into care.

## Vision Mission Goal

### Vision:

To see children accessing their right to life, right to be part of a family and right to protection from harm when that right is in jeopardy due to illness, abandonment, neglect abuse or poverty. We also envision a system whereby children are enabled to access appropriate healthcare, shelter and education tailored to meet their specific needs.

### Mission of CH:

As a Christian Organization, we offer alternative family style residential care and education to children who have come from various crisis situations and trauma backgrounds.

### Mission of CRU:

As a Christian Organization, we offer practical, emotional, spiritual and financial assistance towards children's recovery from illness both while they are in hospital and upon their release until such times as they can be returned to the full time care of their respective families or into the care of the DSWD in the absence of appropriate family care. We also assist families of the children to network and access services of duly recognized institutions that can specifically help their situation.

## **Goals:**

That the children and families we come into contact with would come to know the tender heart of Christ as they see His love in action. We believe that our helping hands will also help to heal broken hearts.

## **Programs and Services**

### **Children's Recovery Unit:**

Having a sick child in the family creates an immediate crisis situation for most families. When the illness is critical, families tend to go into panic mode and if the family is living in poverty, then their fears are even more heightened because they are aware that they do not have the financial resources to see them through this crisis. Working in a local hospital for years gave us the chance to watch and learn how families respond to illness and life altering disabilities that result from it. Families quickly resorted to despair and easily gave up on their children because of poverty and learned hopelessness. Kids that could have made it, died because families didn't fight for them. We realized that it wasn't because they didn't WANT to but rather because often they felt ill equipped to fight. Mainly, it was financial reasons. They had such limited resources that when forced to choose, they chose to spend their money feeding the healthy kids who remained at home. Sometimes it was a distance related issue. The children couldn't physically be brought to the hospital for treatments because the families lived so incredibly far away from the hospital and transportation and costs made it impossible to access healthcare. Many times it was lack of education and lack of explanation. Parents didn't understand that although their child looked in bad shape at that moment, with appropriate rehydration and medical attention, they could absolutely survive so many took the decision to go home against medical (HAMA) advice, thinking their situations were hopeless. This was a particular grievance with the doctors and yet they didn't seem to realize that they too had a part in this bad decision making, as they didn't take the time to properly explain difficult medical terms and jargon and to encourage the parents to fight. Often the doctors also gave up when they felt parents were just not complying. This is where HHM staff played a vital role over the years in working alongside parents and encouraging them to believe in the sanctity of life and to believe that their child was worth fighting and sacrificing for. We had to put our money where our mouth was and literally spend hours alongside them, empowering them. We had to help financially while balancing our part with the part of the parents. It took years for us to learn the correct balance. Even though the hospital ministry was thriving and lives were being saved though, we still found that when kids were discharged, they often died quickly once they returned home.

That's when HHM took the decision to create the CRU so that when children were discharged from hospital but still weak or in need of follow up care and treatment, they could live temporarily at CRU and their families could be empowered to fight for their child's survival and recovery for a little longer than the mere days we had with them at the hospital. We worked hand in hand with any willing family to try to help their child recover and be reunified. Kids came in to CRU and stayed for days, weeks, months or even years in the cases of children who needed ongoing cancer treatments. Many families opted to have one parent come stay at CRU along with their child,

especially when the child was in critical condition or was dying. Others had to leave their children at CRU under our care while they returned home to work and mind other younger children. We tried to do whatever was best for each individual child and their family.

CRU is staffed by nurses, houseparents, a social worker, a psychologist or psychometrician, teachers, admin and finance staff and a center head to manage it all. Auxiliary staff include a cook, driver, maintenance and security and we also usually have some volunteers to help assist in various areas. It takes a village to raise a child and it takes a village to make a CRU effective. Genders are mixed and ages of kids vary from newborn to 18. At times we have had to also extend to include young adults who were close to finishing Chemotherapy treatments for cancer. Children have come from CAR and other regions. DSWD have been very supportive of CRU as it is truly one of a kind. That means we often have to admit kids from other areas as there is no other NGO offering such a service for sick children on this scale where they are the sole focus and clientele. At the moment we have quite a few children who were “typical” at one point in their lives pre illness but because of the side effects and lasting damage, they have been left with multiple special needs. Many of these children were since abandoned by family and so, they remain as long term clients of CRU. We try not to accept new special needs patients as our goal is to leave beds open for sick children who are in need of a place for recovery. If we accepted kids with special needs, we could fill our home many times over but it would draw us away from our important VMG. Therefore, we aim to focus our new admissions strictly to sick children in need of a place to recover.

CRU is a place of healing. The love and care provided there is outstanding. It’s a challenging place to work because often the children we lovingly care for are extremely ill and in need of intense care. Sick kids can be demanding because they feel so terrible and lash out at whoever they are close too. The staff need to take time for self care and need a lot of internal support and encouragement. Together we make CRU a truly beautiful place to recover in. We currently have 15 children living in CRU. Sometimes that number is a little higher.

### **Children’s Home:**

Our goal is to provide a place where children of all ages and abilities can find security and love in a home they will never be “pushed” out of. We believe that each child has the right to a family of their own (Republic Act of the Philippines 8043) and therefore we will always strive to make decisions in the best interest of our children. That means prioritizing reintegration into their own families. When that is not possible, we will work towards their alternative parental placement (adoption, foster care, legal guardianship). Finally, when neither of those options are possible, we wish to pattern our facility to be as close to a “family home” as possible and make sure that each of our children feel the love and support of a family. Therefore, after every effort has been made to provide alternative placements with parents or relatives of these children through coordination with the DSWD and other agencies, those children who are still without a home, who are either adoptable or not, who are beyond the age of adoption (“aged out”), or whose families have been determined for whatever reason to be incapable of caring for them will find a permanent loving home at Helping Hands Healing Hearts Ministries Children’s Home. As with regular families, we will make every effort to prepare the older children to eventually live independent lives within the local community. However, even after they have moved out of the Home and began to live

independently, we would like to still have a space for them at the table and a home that they could still come to visit in when they are back in town. This is in our vision for the future and we hope that within the next few years, we will be able to make that a reality.

Though our initial target clientele are children who are without other options and in need of a forever family, based on our capabilities and existing resources, we plan to stay open to considering anyone who needs our services. We currently have 25 children living in CH.

## **Homeschool**

We provide individualized, tailored Home Schooling under the Homeschool Global program for each school aged child in our care. Children are taught by qualified teachers and are given the opportunity to catch up on much needed education even while recovering from illness or trauma. They gain confidence and skills to help disrupt the generational cycles of poverty that have plagued their families for many years. The goal is for a change in the direction of their lives and in their lives of their future children.

## **Hospital care program**

We assist families in Baguio General Hospital (BGH) and Benguet General Hospital (BEGH) by offering practical support for their needs while they are confined and after they are discharged if follow up care is needed. This is part of our family strengthening program. We help provide finances for treatment, lifesaving medications and medical supplies, as well as much as counselling, debriefing, emotional support and care to indigent children who are confined. Generally we aim to help families stay together through their crisis.

## **Future Dreams, the Children's Village.**

Our dream for the future involves purchasing land and building a village of family style cottages that can house children in a more family based setting. We want to move away from the traditional orphanage style home and get children back into family style homes. We want to remember that we are not raising orphans, we are raising sons and daughters! To do this, we believe that the children need to be in smaller homes with a Mama and a Papa that they can call their own. The Mama and Papa will have the assistance of some "aunties" in raising their kids but the flow of the home will be centered around them and the children. Each home will have no more than 10 kids per house. The Children's Village will focus on a variety of clientele groups, including children who have been orphaned, abandoned, abused, neglected or surrendered by their families. We will also have a Children's Recovery Unit specifically for sick kids to have a home to recover in before they are reunited with their families. We also envision a Hospice type home which will provide palliative care for terminally ill children. An ageing out or transition home will provide a space for our older children to learn independent living skills while still feeling very much part of the family. The village will have admin buildings, a multipurpose hall and volunteers/mission teams quarters. It was also have a Healing Clinic and space for education and learning. It is a huge vision but we hope to begin to make concrete plans for it in this year.



Helping Hands has always believed in partnering and networking with others agencies and will continue to do so. We are not particularly set up or capable of handling CICL, sexual abused children, or children with moderate to severe disabilities and thus we will network with other agencies (both NGO and LGU) for the appropriate referrals and placement of children from each of these marginalized groups. On the flip side, we will be open to referrals from them for their sick children and children in need of long term family homes. As far as we know, we are the only NGO who specifically caters to sick children and thus we are also considering widening our areas of coverage as we realize that this service isn't offered in other parts of the Philippines. We hope and pray that this vision of a large Children's Village will someday soon become a reality.

## The Team and the Support

Our multidisciplinary team of HHM staff is made up of more than 40 national staff who are assisted by a handful of International volunteers including Northern Irish, Namibian, Germans and Americans. The bulk of our financial support comes from the generous donations of individuals and churches that have a heart to help. Some of our donations come 'in kind' from our community. Recently, we have made a partnership with 'Consuelo Foundation' who will offer financial support and capacity building to HHM for up to 3 years. It is only by everyone's joint help, prayers and giving that we are able to do what we do.

We are licensed and accredited by the Department of Social Welfare and Development (DSWD) and the Securities Exchange Commission (SEC). We are a registered 501c3 in the State of Alabama, USA. As we have won awards for our service to Filipino children, we hold ourselves accountable to our Board of Trustees and Advisors in other countries and in the Philippines.

### PARTNERS:



# GIVE

Helping Hands Healing Hearts is a non profit 501c3.

100% of your donation goes towards the programs and services offered to the children in the Philippines. You can become a monthly donor or give a one-time gift. If you are giving towards a specific project, please specify the project in the comment box and we will be sure to allocate it appropriately.

PLEASE LET US KNOW IF YOU HAVE DONATED SO WE CAN CONFIRM WE RECEIVED IT AND THANK YOU FOR YOUR DONATION. WE WILL NOT KNOW YOU PERSONALLY HAVE GIVEN UNLESS YOU TELL US.

Here are a variety of ways that you can give.  
If you are interested in a CSR activity or partnership, please contact us for more details.

Donate through PayPal via our website:

[www.Paypal.me/HHMphils](http://www.Paypal.me/HHMphils)

USA Donations can be made via Bloomerang:

[https://l.facebook.com/l.php?u=https%3A%2F%2Fcrm.bloomerang.co%2FHostedDonation%3FApiKey=p0a7fa948a058%26WidgetId=22528%26fbclid=IwAR2XShL\\_UTwbQdRVzKT-2mZdz\\_-MsQQ9ZLUXosEMVxPjiBOvPkea001TeTE&h=AT2Co\\_s--\\_fZSQfOvhqgrh](https://l.facebook.com/l.php?u=https%3A%2F%2Fcrm.bloomerang.co%2FHostedDonation%3FApiKey=p0a7fa948a058%26WidgetId=22528%26fbclid=IwAR2XShL_UTwbQdRVzKT-2mZdz_-MsQQ9ZLUXosEMVxPjiBOvPkea001TeTE&h=AT2Co_s--_fZSQfOvhqgrh)

**Philippine Bank Transfer:**

Please contact us at [info@helpinghandsministries.com](mailto:info@helpinghandsministries.com)

**UK Bank Transfer:**

Danske Bank, Bow Street, Lisburn, N. Ireland.

Account Name: Helping Hands

Account Number: 61239074

Sort Code: 95-03-61

**UK Cheques** payable to: 'Helping Hands' and post to:

Pastor David Goudy, 31 Danesfort, Old Kilmore Road, Moira,  
N. Ireland, BT67 0SG.

**US Bank Transfer:**

Peoples Bank in Cullman Alabama, 1912 Cherokee Ave, Sw, Cullman, AL

Account Name: Helping Hands Healing Hearts

Account Number: xxx-xxx-3701

**US Checks** payable to 'Helping Hands Healing Hearts' and send to: Daystar Church,  
200 Daystar Drive, Cullman, AL 35057

Please include a note stating that this donation is designated for  
Helping Hands Healing Hearts Ministries.

**German Bank Transfer:**  
Sparkasse Chemnitz, Bahnhofstraße  
5109111, Chemnitz, Andreas Kaden.  
Account Name: FCM e.V. Usage: Philippines HHM  
SWIFT: DE 35870500003530000123 BIC: CHEKDE81XXX

## GIVE IN KIND

People often ask what our greatest needs are. So, we have compiled a list of useful items and daily needs. The more of these you can meet, the more cash it free's up for us to pay much needed bills such as electric, water, salaries, school enrollment, medical expenses etc.

Please contact Annalee on 09209275631 to make arrangements for local drop off's or details of how to ship a box to us.

### • Education

Finger and poster paints  
Educational toys  
Play dough or clay Doh  
Lego or building blocks  
Permanent and White Board Markers  
Long and Short White Folders  
Long and Short Brown Envelopes  
Fasteners  
Staplers  
Large Notebook (College Rule)  
Clear Books (Long) and Fillers  
Plastic Cover  
Double Sided Tape, Scotch Tape, Masking Tape  
Illustration Boards 1/4 and 1/2  
Manila Paper  
Art Paper  
Crepe Paper  
Construction Paper  
Oslo paper  
Bond Paper (Long and Short)  
Yellow Pad Paper  
Pens (black, blue and red)  
Pencils (Mongol or Faber Castell)  
Elmer's Glue  
Correction Tape  
Coloring and Activity Books

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• Milk, Diapers, Baby needs

Pediasure 1-3 years old and Pediasure 3+  
Alaska milk powder  
Bearbrand Powder  
Jolly fresh milk  
Crib sheets & Single bed-size sheets, pillow cases and duvet covers  
Thick blankets or quilts  
Diapers – EQ XXL, XL and Medium sizes  
M10 Adult Diaper

• Medical Needs

Vitamins for children  
Lice shampoo  
Cough medicine  
Fever Medicine  
First Aid Kits  
Thermometers  
Nebulizer and mask  
Oxygen gauge for the tank

• Sanitation and Maintenance

Brooms  
Mops  
Rags  
Bleach  
Washing Powder  
Softener  
Dishwashing soap  
Toilet Paper  
Liquid hand soap  
Hand Sanitizer

• Clothing

Sunday Sandals or Doll shoes girls (Ages 2-18)  
Rubber shoes for boys and girls (Ages 2-18)  
Clothes size 2T-18 years, boys and girls (new and gently used)  
New or gently used shoes  
Socks  
Vests (Sando)  
Underwear for boys and girls ages 2-18

• Personal Hygiene

Toothpaste  
Deodorants  
Cologne  
Baby soap  
Baby lotion

Tissues  
Wet Wipes  
Shampoo and Conditioner (preferably Palmolive, Head and Shoulders, and Johnsons)  
Baby wipes, lotions for older kids

## Contact Us

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### Children's Home

Tel: 074 422 3745

[childrenshome@helpinghandsministries.com](mailto:childrenshome@helpinghandsministries.com)

### For Donations, Parties or Requests to visit:

Cell Number +639209275631

[Annalee@helpinghandsministries.com](mailto:Annalee@helpinghandsministries.com)

### Find us on social media

[www.helpinghandsministries.com](http://www.helpinghandsministries.com)

Facebook.com/HelpingHandsPhilippines

Facebook.com/helpinghandshealingheartchildrenshome

*Securities and Exchange Commission*

*Registration no. CN200411824*

*Accreditation no. DSWD-SB-S-000530-2011*

*License No. DSWD-SB-RL-00020-2009*

## Get Involved

### Pray

“This is the confidence which we have before Him, that, if we ask anything according to His will, He hears us.” 1 John 5:14 NASB

Over and over again we have prayed and God has answered us. We have witnessed transformations in little lives, restored families, healings, provisions and best of all, salvations.

Please pray diligently for our kids and their families. Pray that families would be restored and able to love and care for their little ones. Pray that parents would get jobs and be able to provide safe childcare for their kids while they earn enough to sustain their families. Pray that old habits and vices would be broken and that new positive generational patterns would be formed. Pray they come to know Christ.

Pray for our team and their families. Serving is tough when children are dealing with trauma and its effects. Our staff need an abundance of patience, empathy and a desire to make a difference and be that “one safe adult” that each child needs. Local missionaries often aren’t recognized or applauded within their own communities and families (who have helped get them through college) often push them to find higher paying “jobs” so please pray for provisions for them and their families too so that pressure won’t hang over them and they will be free to enjoy serving the kids.

Pray for provision as we continue to serve despite trials. COVID 19 has massively affected our donors and therefore our income. Please pray for new donors to come forward, for our old donors to be able to support again as God blesses them with new work and new businesses and for the Lord to show us creative ways of bringing in support.

Pray for healing for our sick children. We believe in healing and always ask God for it. We have seen children healed here on earth and we have also held them as they passed into eternity and received their healing there in Heaven. So, we pray!

Pray for adoptive families to step up for our waiting children. The number of families applying has lessened dramatically in the last few years and so we have children stuck on the waiting list or the Special Home Finding List as its known internationally. We would love to see each of our children being placed into a loving family.

Pray for our older kids who are unlikely to be adopted or reunited with their biological families. Its tough to “age out”. Pray that we will fulfill our desire to stand as their “family for good” as they learn to live independently. Pray they live for Christ.

## Volunteer

HHM accepts short term missions teams (stm) and local and International volunteers but we adhere to the 7 standards of excellence laid out in [www.soe.org](http://www.soe.org)

If you're interested in volunteering with Helping Hands, a good place to start is by reading the Volunteering FAQ below.

### How long do volunteers normally stay?

Volunteers are welcome to stay for any length of time however we usually require a minimum stay of at least 2 weeks or up to 1 year (with an option to extend after assessment). It normally takes volunteers a while to adjust to the climate, lifestyle and the organization, after which the most valuable volunteering often takes place. Any less than 2 weeks makes any effective volunteering almost impossible. Even in the first two weeks, you are really on a vision trip rather than a volunteer program. You're too tired and hot to do much. Generally, the best volunteering happens at around the 4 week mark.

If teams are coming, then we recommend a minimum of 2 weeks and maximum of 3 weeks. We do not accept teams larger than 8 people at a time for logistical reasons.

### Does Helping Hands provide accommodation for volunteers?

Accommodation for volunteers can be provided at nearby transient houses for a minimal cost. Baguio has an abundance of them as it's a tourist destination due to the cooler climate. We will help you arrange it. Actually, we would prefer to be the ones to make the arrangements so we can be sure of safety and proximity. The accommodation is basic accommodation, which will most likely be shared with other volunteers. Long term volunteers will be allowed to stay at our adoption suite until we can find a long term accommodation nearby. The costs will always be shouldered by the volunteer.

### What activities do volunteers normally do?

Volunteers assist the permanent staff of Helping Hands in a variety of ways, depending on their skills, interests, length of stay and the needs of the organization at the time. Former volunteers have been involved in a range of activities including developing new teaching materials, tutoring in our homeschool, doing arts and crafts activities in group sessions, helping in the kitchen and laundry, upgrading our IT, gardening, painting, building an awning on the side of children's home, providing training for staff. If you decide to volunteer with us, you will always be assisting a local staff member and making sure that they take the starring role in the children's lives. Volunteers are never meant to replace the safe adults in our kids lives, merely to come alongside and offer assistance to those who are already there. This helps keep kids safe.

### What do volunteers need to bring?

Some of the things that would be useful to bring are:

- comfortable, casual clothes for working in (Please note that low tops, spaghetti straps, very short pants/skirts or tops revealing midriff are not appropriate. Body piercings, except ears, are not appropriate - please remove or cover up)
- insect repellent, toiletries & bath towels
- activities/tools/equipment that you anticipate that you might want to use as part of your volunteering experience - please feel free to check with us what is already available and what might be needed
- adapters are always handy to have!
- Sports shoes and flip flops, Jeans and Teeshirts are generally worn within the homes and around the community but you may want to bring something else for formal occasions or church.
- Bring your own phone and laptop if you plan to use one.
- We have quite a strict policy on taking photos of the children so unless you're coming specifically to take pictures for us, you better be ready to lay your camera down.
- Feel free to send us an email before you come to see if we desperately need something that could fit in your case. Sometimes we need extra vitamins, or lice shampoo but sometimes we NEED tea and chocolate, you know, the important things in life!

### Do you accept volunteers on an independent basis?

Helping Hands accepts volunteers through volunteer sending organizations such as FCM and on an independent basis.

We also accept highly motivated interns completing placements of minimum 1 month full time.

### Do you have a selection process for volunteers?

Yes, everyone who applies to become a volunteer at Helping Hands is carefully screened, references checked and interviews taken place before being accepted. We reserve the right to refuse any prospective volunteer at any time.



## **Celebrate Purposefully**

You could ask friends and family to make a donation to Helping Hands on your behalf instead of buying you gifts. You could make a fundraiser on your facebook page and have our paypal links there to enable folks to give easily.

You could buy food or gifts for the kids at Children's Home and Children's Recovery Unit for their birthdays so that HHM will be prepared to celebrate each child's life!

## **Be an Ambassador**

Please contact us about opportunities to be an ambassador within your area of reach or within your church. Email [info@helpinghandsministries.com](mailto:info@helpinghandsministries.com) for more information

## **Use your social media**

Share our posts and use your own platforms to help give ours a foot up! Let's collaborate for the children.

[www.Facebook.com/HelpingHandsPhilippines](http://www.Facebook.com/HelpingHandsPhilippines)

[www.Facebook.com/helpinghandshealingheartschildrenshome](http://www.Facebook.com/helpinghandshealingheartschildrenshome)

Instagram: @helpinghandshealinghearts2020

Twitter: @helpinghandshhm